



Wings of Change

Kristy Jarrett

Transformational Life Coach

503-805-6035



About Kristy Jarrett

Kristy Jarrett is her own most important success story. As a single Mom with a successful life coaching business she presented a great face to the world, but inside she was in trouble. “I was overweight, on medication, and I’d had numerous surgeries,” Kristy recalls. “Worse, I was an emotional wreck. My relationships were very dysfunctional and I felt guilty about my financial success. I was so unhappy that I was subconsciously destroying myself. I tried everything, but nothing provided me with lasting change until I met Dale Halaway.”

In 2002, Kristy began to work with Halaway, a Transformational Teacher and Life Coach, to heal the emotional pain at the root of her problems. Amazing things began to happen. Over the next four years she lost 90 pounds—without dieting—and kept it off. She got off medication and her relationships began to blossom. Most importantly, she began to feel confident, fulfilled and happy.

Today, Kristy is a certified Dale Halaway Transformational Life Coach who teaches the techniques that worked so well for her. “Just like I did,” explains Kristy, “my clients transform their own lives as a result of healing their subconscious mind and body. When the changes begin, my clients light up with fulfillment. I love seeing them start to experience more of the goodness life has to offer because I know first-hand what it is to suffer and what it is to finally heal.”

Another Wings of Change Success Story

Before I began working with Kristy, I wasn’t even aware of how my life could improve. Now I can happily say that I have had tremendous, measurable success through Wings of Change. I’ve become more confident with and accepting of myself. I’ve strengthened my relationships with customers, friends and family. I’ve had quantifiable increases in the profits from my business and my search for employment. I’ve even beaten my long-standing phobia of flying—something I had given up on ever trying to do. I am grateful for and would recommend Kristy and Wings of Change to anyone.

Tyler Kuch
QualIT Consulting

Professional Credentials

- ☞ B.A., Communications, UNLV
- ☞ B.A., Education, UNLV
- ☞ Certified Clinical Hypnotherapist
- ☞ Certified Franklin Covey Coach
- ☞ Level I Certification, Reiki Energy
- ☞ Certified Dale Halaway Transformational Life Coach

Life Coach

- ☞ Assistance in holding yourself accountable to your own goals.
- ☞ Advice and empathy when you are struggling.
- ☞ A mentor who will guide you toward success and celebrate with you when you arrive.

Speaker

- ☞ Bring Kristy’s life-changing techniques to your group.
- ☞ Be inspired by her true story of transformation.
- ☞ Learn how you can overcome limiting beliefs to achieve more than you ever thought possible.

For more information contact:

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